

HEALTHY WAYS TO COPE WITH STRESS DURING COVID-19

# SMOKING IS NOT COPING CONTEST!

## WIN PRIZES! HUGE GIVEAWAY!

### HOW TO ENTER CONTEST:

- Create an artistic graphic or video of how you cope being smoke & vape-free
- Instagram DM contest entries @smokingisnotcoping OR send entry to smokingisnotcoping@gmail.com

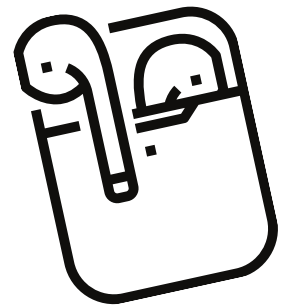
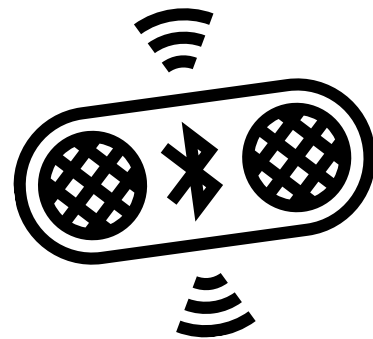
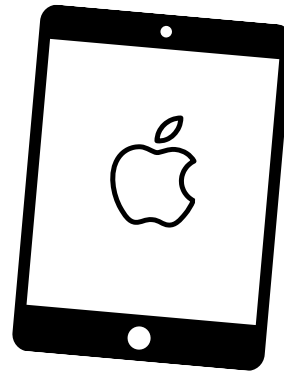
### HOW TO ENTER GIVEAWAY:



- (1) FOLLOW us @smokingisnotcoping
- (2) LIKE IG contest post
- (3) TAG a friend (more tags, more entries).

### DETAILS:

- Must be 13-19 years old to enter
- Only San Diego County residents
- Winners will be announced on October 21st 2020



**Deadline: SUNDAY OCTOBER 9th, 2020**



San Marcos  
Prevention  
Coalition

